



## Community Service Reflection

This assignment is meant to encourage self –reflection following your recent experience with community service. Community service is used to as a reparative tool for negative impacts experience within our residence communities. Providing service to your community is an opportunity to explore the benefits of civic participation and contribute positively to your community.

### Requirements:

- Typed, double spaced
- Minimum of 800 words
- Word Document format

Take a moment to reflect on your recent experience with volunteering in your community. After reflecting, please develop thoughtful responses to the following questions:

### Section 1: Making Time Count

1. How do you believe you are perceived by others when you make positive contributions to your greater community through service and volunteerism?
2. Have you recently displayed any undesirable behaviors? How do you believe these behaviors are or would be perceived by others?
3. Briefly discuss the positive or negative outcomes associated with how you currently spend your time. As of now, are you content with the way your time is being allotted?
4. How might you contribute your time in the future to create more positive impacts?

### Section 2: Making Positive Change

5. How has your understanding of the community organization or resource changed as a result of your service?
6. Has your community service inspired you to make any positive changes (ie. Volunteer more, take initiative, improve listening skills, get involved)? Please explain.
7. Complete this sentence: Because of my service experience, I am....
8. Any further comments on your experience?

**To Submit:** Please forward your completed reflection to the Community Standards Assistant at [rezrules@uoguelph.ca](mailto:rezrules@uoguelph.ca) by 11:59pm on the date listed in your outcome letter.